

**Parish Office Hours:**

Monday - Friday, 8.30 am - 4pm  
Adjacent to the church

07 3345 3766

sunnybank@bne.catholic.net.au

www.olol.com.au

PO Box 32, Sunnybank, QLD 4109

# Our Lady of Lourdes Parish, Sunnybank

Ministering to God in:

Calamvale, Kuraby, Macgregor, Parkinson, Robertson, Runcorn,  
Stretton, Sunnybank, Sunnybank Hills

Our Lady of Lourdes Church, 121 Mains Road, Sunnybank



**Monday 24th March**

8.15am Morning Prayer

8.30am **Mass**

**Tuesday 25th March**

*The Annunciation of the Lord*

8.15am Morning Prayer

8.30am **Mass**

9.30am Bible Study

7.00pm Adoration

**Wednesday 26th March**

8.15am Morning Prayer

8.30am **Mass**

9.15am Lent Retreat

6.00pm Lent Retreat

**Thursday 27th March**

8.00am Christian Meditation

8.45am Morning Prayer

9.00am **Mass**

**Friday 28th March**

6.30am **Mass**

8.15am Morning Prayer

8.30am **Mass**

9.00am Adoration

10.00am Legion of Mary

5.00pm Divine Mercy

Devotion

6.00pm Way of the Cross

**Saturday 29th March**

10.30am Marian Way of  
the Cross

11.00am Reconciliation

2.30pm Charismatic Prayer  
(English)

5.00pm Reconciliation

6.00pm **Mass** - Live Streamed

**Sunday 30th March**

*Fourth Sunday of Lent*

7.00am **Mass**

8.30am **Mass**

10.00am **Mass**

6.00pm **Mass (Youth)**

- Live Streamed



## 23rd March 2025 - Third Sunday of Lent

Dear Parishioners and fellow Pilgrims of Hope,

We are now in the 3rd week of Lent. You would have observed that some of our Sunday Readings are set in a wilderness or on a mountain. The choice and settings of these readings are more than coincidental. My observation is that during this Lent, so far, we have been led through three significant mountains: The Mountain of Temptation, the Mountain of Transfiguration and the Mountain of Encounter. At the mountain of temptation, we learn from Jesus that the children of God are not immune from temptations but have the capacity to overcome different kinds of temptation in their life. At the mountain of transfiguration, we learn that Jesus is the fulfilment of the law and prophets, so we are urged to listen to him. Horeb is called the mountain of God and I call it the mountain of encounter. As I reflect on the 1st reading (Ex. 3:1-8, 13-15) on the 3rd Sunday of Lent year C, I see Moses as a symbol of all those who are being led by God to a place of encounter. Now, although some of us have been to all three mountains, the pace of the Lenten journey may differ for different people. It is likely that some people may even start their Lenten journey in a reverse order depending on their awareness of where God is leading them.



After the 2nd session of our 2025 Lenten Retreat last Wednesday (and thanks to Sr Margaret Endicott), I resumed an intentional use of an ancient practice of prayer developed by St Ignatius of Loyola. The practice is called 'Examen' and I would recommend it to you for the rest of Lent. There are five steps of the Examen: Gratitude, Awareness, Understanding, Conversion and Reconciliation. These five steps of the Ignatian Examen can be adapted to different circumstances of life. Hence, everyone could practise it.

I would like to use the Exodus story of the burning bush to illustrate how the practice of the Examen can lead us to encounter God. Although God has always been with Moses, Moses needed the burning bush to centre his attention in order to hear God. All of his senses were attentive because he could see, talk, hear, and even took off his shoes to feel the holiness of God's presence. Where do we feel the presence of God in our everyday life? On the other hand, where do we hear the voice of God every day? As a result of the burning bush, Moses encountered God in the wilderness while he was completing his everyday tasks. Moses understood the mission that God had for him beyond looking after the flock of Jethro and he accepted as a form of conversion, to go back to Egypt in order to save God's people. As with Moses, God is always with us in the big and small events of life but we need to be aware, understand, amend our ways, and appreciate the presence of God.

Thank you to all parishioners who have signed up for Parish Ministry. The parish ministry is surely a place for the opportunity of divine encounter for those who serve and those we serve. Once again, I say to you, **WE NEED YOU TO JOIN OUR PARISH MINISTRY TEAM.** Scan our ministry QR code, click the volunteer button on the parish eNews or fill the Ministry Sunday Form hard copy.

Congratulations to our Catechumens who will be elected to join the Church at Easter 2025. Thank you also to the catechists and godparents who have been supporting these our brothers and sisters in their journey to encounter God through the Sacraments. Please keep them in your prayers.

God bless, *Fr Enoch Iheme*

**Next Sunday: 4th Sunday of Lent**

**Joshua 5:9-12**

**2 Corinthians 5:17-21**

**Luke 15:1-3, 11-32**

## FUTURE PARISH EVENTS:

- Lent Retreat  
*Wednesday evenings in Lent*
- Stations of the Cross  
*Friday evenings in Lent*
- 2nd Rite of Reconciliation  
*Wednesday 9 April, 6pm*
- Easter Sunday  
*20 April*
- ANZAC Day Mass  
*25 April, 9am*
- Charismatic Retreat (Spanish)  
*31 May*
- Asylum Seeker/Refugee Week  
*Starts 21 June*
- NAIDOC Weekend  
*12 July*
- ALPHA Program 2 Begins  
*15 July*
- New Parishioners Function  
*27 July*
- Parish Gala Dinner  
*August (Date TBA)*
- Charismatic Retreat (English)  
*30 August*
- Parish Pilgrimage (Marian Valley)  
*23 August*
- Care for Our Common Home & its People (Retreat)  
*13 September*
- Parish Pilgrimage (Fatima, Lourdes & Rome)  
*22 September - 8 October*
- Ignite Youth Conference  
*25 - 28 September*
- Australian Catholic Youth Festival (Melbourne)  
*30 November - 2 December*
- Advent Retreat  
*Tuesdays in Advent*
- Parish Christmas Carols  
*5 December*

## Third Sunday of Lent (Year C)

**First Reading: Exodus 3:1-8, 13-15** The meeting God arranges with Moses at the burning bush reveals the promise of God to be present, to liberate and to bring to a new land.

**Second Reading: 1 Corinthians 10:1-6, 10-12** For the Apostle Paul, whoever thinks they are standing secure should take care not to fall.

**Gospel: Luke 13:1-9** Jesus the master gardener cultivates us so that we may bear fruit.

*Moore, Gerard. "3rd Sunday of Lent - 23 March 2025." Pastoral Liturgy 55, no. 2 (2025)*

## Your Prayers Are Asked For:

**Recently deceased:** Daniel Bolen, Salvacion Manalili, Liana Gomez, Robert Dodd, June Brinton, Patricia Boyle, Rose May Mootoo, Rosa Lovos

**Those with anniversaries & others who have died:** Elide "El" Sonogo, Del Whittaker, Pedro Kho, Jim Miller, Teresita M. Deleney, Emmanuel L. Abad, James Antony, Oscar Corona, Percita Manalese, Sioneth Cristobal, Angelina R. Saspas, Nigel Crawford, Mario Dias, Angelo Dias, Francisco Hernandez, Reynaldo Arca Sr., Mavrocio Oto, Tony Van der tott, Lidia Lo Presti, Esteria Dabela, Gloria Pineda, Maria Turner, Joseph Sammut, Audrey Dawn Dick

**Those who are unwell:** Rechie Tubelleza, Denise Ward, Julio Santana, Frank Ainsley, Christine Skinner, John D. Mackay, Luciano Morán, Teresa Parada, Tito Cisneros

BECOME A VOLUNTEER!



## MINISTRY SUNDAY

Can you give some time to the parish?

Welcome to Ministry Sunday 2025! Parishioners are invited to commit to one or more of the many Ministries within our Parish.

If you would like more information on a particular ministry, you can contact the parish office before or after signing up.

SCAN QR CODE TO JOIN A MINISTRY



Archbishop Mark Coleridge invites you to the annual

## CHRISM MASS

Thursday 10th April 2025 @ 7:00pm

Cathedral of St Stephen  
249 Elizabeth Street, Brisbane 4000

A CELEBRATION FOR THE ENTIRE ARCHDIOCESE

ALL WELCOME

CAR PARKING AVAILABLE FROM 6:00PM  
A LIGHT SUPPER WILL BE SERVED FOLLOWING THE MASS



## Wednesdays in Lent

**RETREAT 26 MARCH, 9:15AM OR 6PM**

*"Jubilee Year - Hope Does Not Disappoint"*  
with Fr Frank Jones

**RETREAT 2 APRIL, 9:15AM OR 6PM**

*"Call to be Pilgrims of Hope & Faith"*  
with Fr Frank Jones

**RECONCILIATION 9 APRIL, 6PM**

The 2nd Rite of Reconciliation with Fr Enoch,  
Fr Francisco and guest priests

## Stations of the Cross

**EVENING STATIONS OF THE CROSS** FRIDAYS, 6PM - Starting 7 March

**MARIAN WAY OF THE CROSS** SATURDAYS, 10:30AM - Starting 8 March

**PRAISE & WORSHIP EVENING** FRIDAY 11 APRIL - After Stations of the Cross

### PRAYER OPPORTUNITIES IN LENT

#### Stations of the Cross

Stations of the Cross will be held weekly, beginning on **Fridays at 6pm**. There will also be Marian Way of the Cross on **Saturdays at 10:30am**.



#### Extra Friday Morning Mass

During Lent, there will be an additional **Friday morning Mass at 6:30am**, starting on Friday 14 March.

#### Divine Mercy Devotion

Experience the great Mercy of our Lord. Learn about why the Devotion is important and the messages of our Lord to Sister Faustina. **Fridays 5—6pm** in the Media Room.



### PIETY STALL SPECIAL

*Praying Hands statue reduced to \$50 from \$62. One only, be quick!*

We still have Holy Water from Lourdes, OLOL devotional candles, and rosaries containing Lourdes water available. Limited stock.



### OLOL MEN'S BBQ BREAKFAST

**Who:** The men of the parish

**Where:** Avocado Room of the Paloma centre

**When:** 5 April from 7am (1st Saturday of the month)



A full BBQ Breakfast plus tea, coffee & juices will be available for the usual **\$10 per person**.

Our guest speaker this month will be Geoff Curtis from the Sunnybank Men's Shed. Our usual email will go to members, however if are new please call Bob to register 0467 341 604.



**PROJECT COMPASSION**

### Third Sunday of Lent

**Lam** is 27 years old from a small village in rural Vietnam who faced significant challenges due to his short stature. Through the I-SHINE program Lam completed a six-month course developing his graphic design skills. He now runs a successful freelance graphic design business from home, serving clients worldwide and earning a steady income.



**Please donate today!**

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code.

Or online at: [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion)

Or by calling: 1800 024 413

### CARE FOR OUR COMMON HOME AND ITS PEOPLE

Another place that draws us to God are Coastal Places. Australia has one of the longest coastlines of any country – thirty six thousand km. More than a quarter of the population live within 50km of the Coast. People love to spend leisure time on our famous beaches. Many species move between complex and sensitive ecosystems – such as estuaries, freshwater wetlands, coastlines, and forested floodplains – to feed and breed throughout the year. Human use of coastal areas tend to conflict with the conservation of flora and fauna. Population growth, agriculture, mining and technology have placed coastal ecosystems under great pressure.

Think and pray about what impact humans and sometimes their pets have on beaches. Read about the impact plastics have on the coastal places. Take a walk along a coastal area & breath in the gifts offered to us by creation.

### Archdiocese of Brisbane Safeguarding Commitment

The Archdiocese has **zero tolerance** for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services.

***The safety and wellbeing of children and adults-at-risk is paramount.***



# Discovery



Unite Youth 2025

Jesus said... "I am the way  
the truth and the life. No  
one comes to the father  
except through me"  
John 14:6



## CALLING ALL TEENS

We are attending and would like to organise travel arrangements. Please scan the QR Code and fill the form if you're interested




**RECO RALLY**  
6PM 28 MARCH  
LOURDES HILL COLLEGE  
HAWTHORNE

AN ARCHDIOCESAN YOUTH RALLY

PRaise + WORSHIP  
INSPIRATIONAL SPEAKERS  
RECONCILIATION

MORE DETAILS & FREE REGISTRATION

[catholiccollective.org.au](http://catholiccollective.org.au) [catholiccollective@bne.catholic.net.au](mailto:catholiccollective@bne.catholic.net.au)

come join us  
**YA NIGHT**  
**23 MARCH**

AVOCADO ROOM

# Good Friday Drama 2025



Grades 7-12 &  
Young Adults



2pm and 4pm  
Good Friday Liturgies

## Rehearsal Times:

6 April: 7 - 8:15pm

13 April: 7-8:00pm

18 April (Good Friday): 11am - 1:30

\* Lunch provided 18 April\*



## Parish Staff & Other Contacts

**Parish Priest:**  
Fr Enoch Iheme

**Associate Pastor:**  
Fr Francisco Evangelista

**Parish Secretary:**  
Megan Carroll  
[sec.sunnybank@bne.catholic.net.au](mailto:sec.sunnybank@bne.catholic.net.au)

**Pastoral Ministry Coordinator:**  
Noel Arceo  
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**Accounts:**  
Tam Nguyen  
[accounts.sunnybank@bne.catholic.net.au](mailto:accounts.sunnybank@bne.catholic.net.au)

**Parish Music Coordinator:**  
Barbara Elliott  
[elliottba@bne.catholic.net.au](mailto:elliottba@bne.catholic.net.au)

**Housekeeper:**  
Louise Weston

**Local Safeguarding Representative**  
Fiona Eastgate  
[lsr.sunnybank@bne.catholic.net.au](mailto:lsr.sunnybank@bne.catholic.net.au)

**Unite Youth/Young Adults Coordinators**  
Abbey O'Toole & Gabby Alamo  
[youth.sunnybank@bne.catholic.net.au](mailto:youth.sunnybank@bne.catholic.net.au)

**OLOL School, Sunnybank**  
Principal - Phil Manitta  
3345 0700

**St Thomas More College, Sunnybank**  
Principal - Les Conroy  
3323 4600

**Paloma Reception Centre**  
3345 3766

**OLOL OSHC**  
Co-ordinator - Sheleen Lata  
[sunnybankoshc@bne.centacare.net.au](mailto:sunnybankoshc@bne.centacare.net.au)  
3344 3064

**St Vincent de Paul**  
1800 Vinnies (1800 846 643)

**Centacare**  
Service Leader - Jessica S.  
3853 7400